

Phase - 3rd Grade

FOR A THIRD GRADER LIFE IS ALL ABOUT WHAT IS FUN. THEY ARE GROWING IN CONFIDENCE IN THEIR ABILITIES AND NOW IT'S TIME TO PARTY! THEY COULD BE PLAYING A GAME OR DOING THE DISHES, BUT IT DOESN'T MATTER IF THEY ARE HAVING FUN DOING IT. TAKE THIS OPPORTUNITY TO BOND AND MAKE SOME UNFORGETTABLE MEMORIES WITH YOUR KID.

PHYSICALLY



- Still losing those baby teeth and could gain seven pounds.
- Getting better with hand-eye coordination.
- You may need to remind them to take short breaks because they play hard and tire quickly.
- Needs about 10-11 hours of shut eye.

SOCIALLY



- Collaborative group games and activities are fun.
- Things are very black and white, so evaluating what is fair is very important to them. Helping them see there can be gray areas in life is helpful.
- When making friends they may prefer hanging out with friends of a particular gender.
- Having a large friend group is now the norm. Your kid will need help navigating peer pressure, because “everyone” is doing it.

MENTALLY



- As they grow cognitively, they can concentrate on an activity for up to 30 minutes.
- They are getting better at noticing the feelings of others.
- At this stage they can identify patterns and symbolism.
- Books can be read for learning and fun.
- Their cognitive abilities are growing. They need to focus on one thing at a time. They are just beginning to understand abstract concepts. The more you can make parallels between the concrete and abstract the more they will learn to understand.
- They see right and wrong as black and white.

EMOTIONALLY



- Being enthusiastic and energetic is where they live, but impatience can be lurking around the corner.
- At this phase your kid is confident and independent. They can do it!
- They can be judgmental about themselves by quickly labeling (“smart” vs. “not smart”).
- Jokes, riddles, and magic tricks help them to develop their sense of humor, so brush up on your card tricks and pull out that joke book. They will come in handy.