

PRESCHOOLERS NEED TO RESPECT AND SPEND TIME WITH GOD



A GUIDE TO YOUR PRESCHOOLER SPENDING TIME WITH GOD

The most valuable life skill we can give our children is the habit of spending time with God. Here are practical tips for all ages.

There was a time when parents were able to shield kids from the worst news, but now that's almost impossible. Issues that adults struggle to process are the same ones our kids are dealing with. Phrases like [active shooter and pandemic](#) are commonplace and immediately understood by everyone from preschool to retirement.

How do we as parents help our kids find peace in a world we can't even begin to understand? We do it by teaching them to turn to the one constant, the one island of true peace in a sea of chaos. When we can't be there for them—and when we can—we must help them learn that God is the first place to turn when life is hard.

Part of that learning process is meeting with God regularly. When we show them the joy found in having a regular time with God, we're enabling them to grow their relationship with Him. The first thing we must understand is the fact that our kids watch how [we live out our faith](#). They have a front-row seat to the way we prioritize spending time with God. And the way we treat God will influence how our kids treat Him.

PRACTICAL TIPS FOR PRESCHOOL KIDS

1. Model the behavior.

Just as we would with older kids, we must make sure younger children see us [make time alone with God a priority](#).

2. Find a time to make Bible reading a habit.

This may be [something you and your child can end the day with](#), or something you do consistently in the morning with them. The time is much less important than the consistency.

3. Pray for and with your child during that Bible reading time.

Taking part in prayer with our children gives them [confidence to talk to God](#) when we're not there.

4. Discuss questions and point out how God is active in your life and the life of your child.

By facilitating discussions about God we're [opening their eyes to the way God is at work around them](#). Don't hesitate to ask hard questions you don't know the answer to. Learning together is a vital part of the process.

By giving our children the discipline and example of meeting with God regularly, we are equipping them for life. No matter what they face, they'll be safe and secure in the knowledge that they are never alone

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