

Conversation Guide: God's Design for Sex

IT STARTS WITH HOW WE VIEW IT: IF WE WANT TO NAVIGATE THIS TOPIC WITH OUR CHILDREN, WE MUST FIRST UNDERSTAND IT OURSELVES. IF WE DO NOT INTENTIONALLY LEARN THE TRUTH, WE WILL UNINTENTIONALLY LEARN A LIE.

GOD'S PLAN FOR SEX IS THAT IT STAYS IN THE CONTEXT OF MARRIAGE BETWEEN A MAN AND A WOMAN AND THAT'S WHEN IT'S BLESSED. ONCE WE UNDERSTAND THE TRUTH, WE CAN SET UP BOUNDARIES TO STAY PURE IN THOUGHT & ACTION.

WHAT NOT TO DO:

DON'T MAKE IT WEIRD

DON'T CREATE SHAME AROUND IT

DON'T ANSWER QUESTIONS THAT HAVEN'T BEEN ASKED

- If your student has not asked a specific question, then they do not need all the details they may not be ready for yet.

DON'T STAGE OR PLAN THE CONVERSATION

- The intent is to not only give them information but to take them on a journey.

WHAT YOU CAN DO:

STEP 1: LAY A FOUNDATION OF WHO THEY ARE IN CHRIST

Encourage your student to be in the Word of God. Help them to develop a strong, independent relationship with God and make sure church is a priority.

STEP 2: KEEP THE RELATIONSHIP OPEN

Allow your student to ask you questions and be open to answering them. Give age-appropriate answers. Keep it organic.

STEP 3: DISCUSS WITH YOUR STUDENT HEALTHY BOUNDARIES THEY CAN HAVE IN THEIR PERSONAL LIFE

Healthy boundaries with electronics (see Cell Phone Guide), with friendships he/she allows to speak into his/her life (see Friendship Guide), and within the dating culture (see Dating Guide).