

# 2&3 YEAR OLDS NEED ENCOURAGEMENT

## AGE APPROPRIATE CHORES

More resources at: <https://www.focusonthefamily.com/parenting/age-appropriate-chores-for-kids/>

Chores might seem like a funny way to offer encouragement, but teaching your child to do chores is a great way to set them on the right path. Not only will it help them develop a good work ethic, but it will also teach them responsibility. It can be tough to know where to start, though – especially when it comes to chores that are appropriate for 2-3 year olds.

Chores are an important (and necessary) part of life, and they can teach toddlers some valuable lessons about teamwork. When toddlers help with chores, they learn how to work together to accomplish a common goal. They also learn how to communicate and cooperate with others.

Moreover, chores help toddlers develop a sense of responsibility and pride in their work. As a result, assigning chores to toddlers can be a great way to encourage positive social and emotional development.

- 1. Start small.** Don't try to tackle too much at once. Choose one or two simple chores that you think your child can handle.
- 2. Make it fun.** Try to turn chore time into a game or reward your child with a sticker after they complete their task. Another thing you can try is to put on some music and dance around the house while you tidy up. This will make the experience more fun for you and your child and help them to see that chores can be enjoyable
- 3. Be patient.** It may take a while for your child to get the hang of it, but be patient and keep rewarding them for their efforts. Encouragement is the key here!
- 4. Give them a helping hand.** Don't be afraid to give your child a little help along the way. They're still learning, and that's perfectly okay.
- 5. Make it a family affair.** Chores can be a great way for parents and kids to bond. Take turns assigning tasks and working together to get them done
- 6. Understand this is a learning experience.** You will probably have to re-do the task after your child has done their chore if you want it done perfectly. You are teaching them responsibility and helping them to feel accomplished.

Here are a few age appropriate ideas to get your chores started:

### ■ Personal Chores

- [Assist in making their beds](#)
- [Pick up toys with your supervision](#)

### ■ Family Chores

- [Take their dirty laundry to the laundry basket](#)
- [Fill a pet's water and food bowls \(with supervision\)](#)
- Help a parent clean up spills and dirt
- Dust

