



Week 1: Know It

1 WHAT IS _____ AND WHY IS IT IMPORTANT TO GOD?

- A. Prayer is a _____ with God. When we pray, we are able to _____ God, ask Him for help, and receive our requests in _____.
- B. God is concerned about everything that is _____, and He _____ for you through prayer.

2 WHY DO WE PRAY? WE PRAY DIFFERENT TYPES OF PRAYERS DEPENDING ON THE REASON WE ARE PRAYING. SOME EXAMPLES ARE:

- A. Prayer of _____ and _____ which is an opportunity to _____ with God.
 - I. "I will sing of Your mercies forever, I _____ continually of Your faithfulness to all generations." (Psalm 89:1)
- B. Prayer of _____ also known as the prayer of _____. This type of prayer you said for your salvation.
 - I. "Therefore I tell you, whatever you ask for in prayer, believe that you have received it, and it will be yours". (Mark 11:24)
 - II. This is also used to receive _____. This prayer is always made in the name of _____.
- C. Prayer of _____. This is the prayer where you cast your worries and anxieties on God.
 - I. "Give all your _____, worries and _____ to God once and for all because He cares about you." (1 Peter 5:7)
 - II. Once you pray this prayer, then _____ to take that issue back because you made a commitment to give it to God to take care of.
- D. Prayer of _____ is when you stand in the gap in prayer for _____.
 - I. Activity: Go around in a circle and discuss needs you have been seeking from God.
 - II. Pair up with another student and pray for each other's needs.

3

IS PRAYER SILENT? NO, PRAYER IS _____.

- A. Thinking about God or Scripture is _____.
- B. Talk to God with _____. There are no fancy words you need to use. Talk to Him like you talk to a _____.
 - I. Have you ever struggled to pray out loud?
 - II. Have you ever struggled to pray in front of people?
 - a. Explain why you think this is.

RECAP QUESTIONS:

- What is prayer?

- Why is prayer important?

- Why do we pray?

- Why do we meditate?



Week 2: Have It

1 WHEN SHOULD I PRAY?

- A. Pray any time, anywhere.
 - I. Make a _____ each day to spend time in prayer.
 - a. This could be first thing in the _____ to get your day started right, or this could be in the evening after your day settles down.
 - i. It's important to just make sure you _____.
 - b. Share when you find the most intentional time to pray out to God.
 - 1) This could look different for everyone.
 - II. A prayer _____ is a good way to keep a list of things and people you pray for. Be sure to record when prayers are _____.

2 HOW CAN I PRAY?

- A. There are three ways to pray: Scripture, in my known tongue (English), and in a special prayer language (praying in tongues).

3 HOW DO I PRAY SCRIPTURE?

- A. You can pray _____ over _____ and even people you don't know.
 - I. His Word is the _____ to everything in your life.
 - II. Choose a passage that speaks a _____ or a _____. A good place to start is Psalm 100, Ephesians 1, and Philippians 1.
 - a. Activity: Write out a verse of your choice and put your _____ in the verse to make it real for you.
 - i. For example: Take Ephesians 1 which reads, "Praise be to the God and Father of our Lord Jesus Christ, who has blessed us in the heavenly realms with every spiritual blessing in Christ." You pray, "___ always pray to the God of ___ Lord, Jesus Christ, that He might grant _____ a spirit of wisdo ..."
 - ii. Now, you try it by saying it out loud. With practice, this is an easy and fun way to pray God's will over your life.

4 WHAT DO I SAY TO GOD?

- A. Talk to Him just like you would a _____.
 - I. Start with _____ telling God why you love Him and acknowledging all He has given you. Then you may make a _____ in the name of Jesus or you may just _____ what's on your heart. End the prayer by _____ what you asked for and thanking God for His _____. This is a guide depending on the type of prayer as we learned last week.
 - II. Sometimes you don't know what to pray. If you have been baptized in the Holy Spirit with the evidence of speaking in tongues, you can pray using your special _____. If you have not, talk to your small group leader to get more information.



Week 3: Share It

RECAP

- A. Prayer is a _____ with God.
- B. We pray to have a _____ with God.
- C. God cares about _____ part of our lives.
- D. Make a specific appointment to pray every day.
- E. Why should we pray for others?
 - I. God is the _____.
 - a. What are some common problems your friends and classmates/teammates face?
- F. How do I pray for others?
 - I. You can pray for them in your private prayer time.
 - II. You can pray with them directly.
 - a. Look for _____ where a friend or family member may be open to prayer. For example, people often want prayer when they are sick, anxious, sad, or even to celebrate a special occasion. Look for these opportunities and ask them if you could pray with them.
 - i. _____. There is power in a 30-second prayer.
 - ii. Remember you are talking to God like a friend, so just pray to Him like He was right there with you.
 - III. The more you do it, the easier it becomes.
 - IV. _____! God directs us to pray for each other. He would not ask you to do something He does not equip you to do.

ACTIVITY

- A. You will be divided into groups of 2 or 3. Each person will pray for the other.
 - I. Share how it felt.
 - II. Pray for someone outside of church this next week and report back on how it went!
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