

# PRESCHOOLERS NEED CHALLENGES



As you view this list of chores for preschoolers, remember that every child matures at a different pace. Adjust the chores you select for your child to what you know about your child's skills and talents. Realize that no child should do all the chores listed below every day, but it is okay to challenge your child to try new or hard things.

Also remember that your child will most likely argue and imperfectly complete their chores. You can bridge these moments of failure by communicating and extending grace and forgiveness along the way. Things won't be done perfectly, but that isn't what this is about... You are helping your preschooler to learn responsibility by challenging them to try new and difficult things.

The following list of age-appropriate chores is only meant as a guide and reflects the types of chores that many children in specific age ranges can complete. Hopefully, approaching chores for kids in a thoughtful and intentional way will help your child succeed in personal and family responsibility and give your preschooler the challenges they need grow in their confidence to try hard things.

## PERSONAL CHORES

- Set out clothes for the next day.
- Make their bed with minimal parental help.
- Bring their things from the car to the house.
- Pick up their toys.
- Make their bed every day.
- Write thank-you notes with supervision.

## FAMILY CHORES

- Set the table with supervision.
- Clear the table with supervision.
- Help a parent carry in the lighter groceries.
- Sort clothes and towels for the laundry.
- Match socks after clothing is washed.
- Dust with supervision.
- Hang up towels in the bathroom.
- Clean their room with supervision.
- Be responsible for a pet's food, water, and exercise.
- Vacuum individual rooms.
- Dust individual rooms.
- Fold laundry with supervision.
- Put their laundry in their drawers and closets.
- Put away dishes from the dishwasher.
- Empty indoor trash cans.